



LUTHERAN SOCIAL SERVICES

Senior Companion Program

Serving with Compassion since 1999

Help a senior in need... *Join Today!*

THE SENIOR COMPANION PROGRAM IS SPONSORED BY LUTHERAN SOCIAL SERVICES AND FUNDED BY AMERICORPS.

"Our mission is to improve lives, strengthen communities, and foster civic engagement through service and volunteering."
- CORPORATION FOR NATIONAL & COMMUNITY SERVICE



THE SENIOR COMPANION PROGRAM provides opportunities for persons ages 55 and over in volunteer service to meet critical community needs and to provide a high quality experience that will enrich the lives of the volunteers.



Senior Companions are able to assist with connecting elderly seniors back into their communities, from preventing social isolation and by simply providing general companionship.



Contact Information:
619-782-4922

Our Companions are:

- ❖ Age 55 or older
- ❖ Income eligible to receive tax free stipend
- ❖ Criminal background checked
- ❖ Volunteer a minimum of 5 hours a week
- ❖ Mileage reimbursement
- ❖ Ready to make a difference in a senior's life!
- ❖ Do you enjoy helping seniors?
- ❖ Would you like to make an impact in your community?
- ❖ Then what are you waiting for?

OUR GOAL IS TO HELP STRUGGLING SENIORS MAINTAIN INDEPENDENCE BY PROVIDING SENIOR COMPANION VOLUNTEERS.

Our Clients are:

- ❖ Seniors age 65 and older striving to maintain independence
- ❖ Receive weekly in-home visits at no cost